Saint Theodosius
Abbot of the Kiev Caves Lavra
Founder of Monasticism in Russia

May 3

Apolytikion

Intonation: #25
Plagal Fourth Mode

Allegro \( \text{F} \)

Raising thyself aloft upon virtue and having loved the monastic life from thy youth, thou didst valiantly attain to thy desire. Thou didst settle in a cave, and while adorning thy life with
fast - ing and pu - ri - ty, thou didst per - se - vere in prayers like one of the bod - i - less. And since thou hast shone forth in the Rus - sian land as a bril - liant lamp, O Fa - ther The - o - do - sius, pray Christ God that our souls be saved.